For some, even the leafiest and most balanced of meal plans are rendered useless by malabsorption. Irritable bowel syndrome, Lyme disease, and even age can keep valuable nutrients from reaching your cells, leaving you feeling sluggish. Fortunately, IV therapy, also known as nutrient therapy, exists. With this therapy, vitamins and minerals that normally bypass the digestive system entirely are able to enter the bloodstream, breathing new life into your body.

If you’re interested in IV therapy, allow our team at Rejuva Body Spa in Austin, TX to help. Our goal is to help our clients look and feel their best, regardless of their age. Contact our office today to book an appointment and get started!

**Why Choose IV Therapy?**

You may be surprised how many Americans suffer from some type of a nutritional deficiency. Malnutrition corrodes the immune system, which, in turn, worsens macronutrient intake. IV therapy breaks the cycle sooner than diet can manage alone. If you suffer from frequent infections and colds, the combination of certain vitamins and nutrients could help. Basically, if you have a dysfunctional immune system, nutrient therapy may be able to work for you.

**What are the Benefits of IV Therapy?**

While the benefits and results vary from patient to patient, IV nutrient therapy can offer many benefits to people who use it. It gives men and women the opportunity to supplement their body with key nutrients that they otherwise would not receive. It delivers these nutrients right to the source, which ultimately gives the body a much-needed boost.

**What to Expect**

During IV nutrient therapy, a needle and catheter are skillfully inserted into a vein, and your IV dripping will begin. You should be able to go home right after your appointment, and you can schedule times to return to our office as needed for ongoing treatments.

Although IV therapy is becoming quite popular in Austin, TX and elsewhere, it isn’t right for everyone. That’s why it’s so important to consult with a qualified professional before deciding whether or not this therapy is right for you.

**Getting Started with IV Therapy**

Would you like to experience the benefits of nutrient therapy for yourself? We warmly invite you to schedule a consultation with our team at Rejuva Body Spa in Austin, TX to learn more. Contact us today to book an appointment!