Question: What are Some of the Long-Term or Permanent Lip Enhancement-Augmentation Options Now That I Have Had Nice Results for Six to Eight Months with Juvederm® Ultra?

Answer: There are three options that have been the cornerstone of my long-term lip enhancement practice these past three years. These include the injection into the belly of the lip(s) of either your own live fat cells (called a fat transfer), a mixture of autologous (your own) blood plasma and the protein-bonding matrix called Selphyl® to make Platelet Rich Plasma (PRP), and/or the collagen-stimulating skin filler called Bellafill®.

Typically, one to two sessions of fat transfer are optimal for good, even results. These sessions consist of micro fat cell harvesting from the abdominal area with the transplantation of live fat cells and fat stem cells three to six months apart. Sometimes, one fat transfer session followed by one to two PRP injection sessions three months apart will provide nice, lasting results as long as the person does not smoke and has a normal-functioning immune system.

Very nice results are possible with two injection sessions of Bellafill®, spaced four to six months apart, as long as the person does not smoke, has no allergy to beef collagen and doesn't have a history of granulomatous lump development following the use of other types of skin fillers.

Though there are other, more invasive and less natural options, such as silicone lip implants, I do not perform these problematic implants, especially since the three above more conservative and possibly safer and longer-lasting injection options are available. Though uneven and lumpy results can happen with any of these injected substances into the lips, if erosion and/or chronic pain and scarring issues arise with silicone implants, the management or treatment of these implant complications can be more problematic.

To learn more information about long-term or permanent lip enhancement options, contact Youthful Endeavors today, with locations in Green Bay and Manitowoc.