

Olympic Anesthesia P.C

12359 Sunrise Valley Dr, Unit 330, Reston Va 20191

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POST-SURGICAL INSTRUCTIONS:

SUPERVISION Please allows 30 minutes to 1-hour recovery time before leaving our office. A child must be in a car seat and wear a seat belt. After the procedure, you will be drowsy, with poor balance and coordination for about 6-8 hours. Children need to be supervised for the rest of the day. Avoid stairs, running, climbing, or playing outdoors. Schooling is generally permitted the next day. In some instances, a child may react in a combative manner similar to a temper tantrum. Adults are not to drive automobiles or operate machinery for the rest of the day until recovery is completed.

EATING/DRINKING Minor side effects such as drowsiness, dry throat, shivering, headaches, and dizziness are common. Nausea may be present but vomiting is less common.

Avoid all food and liquids for **2 hour after leaving the office**. Take clear liquids such as juice, water or clear soda for 2 additional hours. Diet may be slowly advanced to soft foods such as milk, cereal, soup, Jello, pudding, yogurt, bread etc as tolerated. Pain and low-grade fever should be treated with Tylenol® or Ibuprofen®. Please notify Dr. Tran or your dentist if the temperature is higher than 100.5 F, or vomiting continues for more than 8 hours.



Please contact your Doctor on their mobile phone If you have an emergency prior to or after your IV Appointment

**Dr. Lynda Dean-Duru, Dr. Anh Dang,
Dr. Rishita Jaju, & Dr. Patricia Wood
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**Dr. Tran – Anesthesiologist
703.597.4641**