

ASHBURN

Children's Dentistry

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Care of Mouth After Extraction of Teeth/Soft Tissue Surgery

Immediately following the procedure, keep pressure on moist gauze until the bleeding stops. If heavy bleeding continues, please call us. You may experience some discomfort and notice some swelling. *To reduce swelling, place ice packs on the treated side of your face – off and on for 24 hours.*

DO NOT:

Drink through a straw for 24 hours
Rinse your mouth
Spit
Suck on treated site
Drink alcoholic beverages
Take aspirin
Chew on site for 4-5 days
Brush teeth for 24 hours

DO:

Give analgesics within one-hour following the procedure and repeat as necessary.
Usually analgesics are only necessary for the day of surgery and the following day.
Reduce strenuous activity for 24 hours
Refrain from hot/spicy foods or citrus fruits/juices
Drink plenty of fluids and maintain as normal a diet as possible, which may be limited to soft foods for the first few days.

After 24 hours, gently rinse your mouth with warm salt water- ½ teaspoon salt in one glass of water following every meal.

Depending upon your situation, medication may be prescribed to help control pain and infection.

IF YOU HAVE PROLONGED OR SEVERE PAIN, SWELLING, BLEEDING OR FEVER; CALL US IMMEDIATELY AT (703) 723-8440